

# Lectio Divina Format for Discussing Sunday Readings

## 1. The Call to Prayer

Leader: My friends, let's pause to spend a few moments in prayer and conversation with each other. [Lead all in the Sign of the Cross] + In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

## 2. The Word of God

Leader: May the Lord be in our hearts as we listen to a reading from next Sunday's Gospel.

*Leader or someone else reads the Gospel for the first time:*

### A reading from the holy Gospel according to John

*(John 8:1-11)*

Jesus went to the Mount of Olives.  
But early in the morning he arrived again in the temple area,  
and all the people started coming to him, and he sat down and taught them.  
Then the scribes and the Pharisees brought a woman  
who had been caught in adultery and made her stand in the middle.  
They said to him,  
"Teacher, this woman was caught in the very act of committing adultery.  
Now in the law, Moses commanded us to stone such women.  
So what do you say?" They said this to test him,  
so that they could have some charge to bring against him.  
Jesus bent down and began to write on the ground with his finger.  
But when they continued asking him, he straightened up and said to them,  
"Let the one among you who is without sin be the first to throw a stone at her."  
Again he bent down and wrote on the ground.  
And in response, they went away one by one, beginning with the elders.  
So he was left alone with the woman before him.  
Then Jesus straightened up and said to her,  
"Woman, where are they? Has no one condemned you?"  
She replied, "No one, sir."  
Then Jesus said, "Neither do I condemn you.  
Go, and from now on do not sin any more."

## The Gospel of the Lord

*Leader asks the group the following question and then allows time for people to share.*

3. **First Question** - What word or phrase sticks out to you?

*After people have shared, the Gospel is read again and the 2<sup>nd</sup> question is asked and people share.*

4. **Second Question** - What does that word or phrase mean to you?

*After people have shared, the Gospel is read for the last time and the 3<sup>rd</sup> question is asked and people share.*

5. **Third and Final Question** - What comforts or challenges you about the word or phrase you chose?

*At the conclusion of the sharing, the leader invites the group to pray (see below).*

### 6. The Prayer

Invite everyone to pray in one of the following ways:

- The Lord's Prayer out loud together
- Spontaneous prayers
- A moment of silent prayer
- Listen to a recorded hymn