

# Lectio Divina Format for Discussing Sunday Readings

## 1. The Call to Prayer

Leader: My friends, let's pause to spend a few moments in prayer and conversation with each other. [Lead all in the Sign of the Cross] + In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

## 2. The Word of God

Leader: May the Lord be in our hearts as we listen to a reading from next Sunday's Gospel.

*Leader or someone else reads the Gospel for the first time:*

### **A reading from the holy Gospel according to Luke**

*(Luke 5:1-11)*

While the crowd was pressing in on Jesus and listening to the word of God, he was standing by the Lake of Gennesaret. He saw two boats there alongside the lake; the fishermen had disembarked and were washing their nets. Getting into one of the boats, the one belonging to Simon, he asked him to put out a short distance from the shore. Then he sat down and taught the crowds from the boat. After he had finished speaking, he said to Simon, "Put out into deep water and lower your nets for a catch." Simon said in reply, "Master, we have worked hard all night and have caught nothing, but at your command I will lower the nets." When they had done this, they caught a great number of fish and their nets were tearing. They signaled to their partners in the other boat to come to help them. They came and filled both boats so that the boats were in danger of sinking. When Simon Peter saw this, he fell at the knees of Jesus and said, "Depart from me, Lord, for I am a sinful man." For astonishment at the catch of fish they had made seized him and all those with him, and likewise James and John, the sons of Zebedee, who were partners of Simon. Jesus said to Simon, "Do not be afraid; from now on you will be catching men." When they brought their boats to the shore, they left everything and followed him.

## The Gospel of the Lord

*Leader asks the group the following question and then allows time for people to share.*

- 3. First Question** - What word or phrase sticks out to you?

*After people have shared, the Gospel is read again and the 2<sup>nd</sup> question is asked and people share.*

- 4. Second Question** - What does that word or phrase mean to you?

*After people have shared, the Gospel is read for the last time and the 3<sup>rd</sup> question is asked and people share.*

- 5. Third and Final Question** - What comforts or challenges you about the word or phrase you chose?

*At the conclusion of the sharing, the leader invites the group to pray (see below).*

### **6. The Prayer**

Invite everyone to pray in one of the following ways:

- The Lord's Prayer out loud together
- Spontaneous prayers
- A moment of silent prayer
- Listen to a recorded hymn