

2nd SUNDAY OF LENT

SAINT ANDREW PASTORAL CARE INTRODUCING OUR NEW HELPING HANDS MINISTRY



Helping Hands Ministry provides meals to families who are experiencing difficult times such as a loss in the family, extreme illness, surgery or the birth of a new baby. The ministry does not cook meals every day, usually just 2-3 times per week for a few weeks depending on the circumstances of the family. The Director of Helping Hands has direction over when and how many meals are distributed.

Usually the requests for meals come through the Parish Office or via referral by parishioners. There is a notice in the weekly bulletin with a short description of the ministry with the Director's contact information. The ministry is a service for parishioners of Saint Andrew Parish.

Our Director, Parishioner Donna Cook will be responsible for:

1. Gathering volunteers and maintaining volunteer information.
2. Acquiring pertinent information from the family.
 - Contact information (address and phone number)
 - Dietary restrictions, if any.
 - Number of family members including children's ages.
 - Term of service (few weeks or months depending on the situation)
3. Scheduling the meals with volunteers.

The volunteers are responsible for:

1. Calling the family ahead of time to arrange delivery.
2. Preparing a healthy meal according to dietary needs in disposable containers.
3. Making a timely delivery and most importantly, the volunteers are encouraged to bring not only meals, but a smile and offer of prayers.

Volunteers must have taken the Keeping Our Children Safe training. Training will be provided for volunteers of Helping Hands Ministry.

If you are interested in reaching out to our parishioners who are in need of meal assistance as well as being a caring presence representing Saint Andrew Parish please fill out the form on the back and return to the Pastoral Center.

Please consider offering your stewardship of time and talent through this new ministry in our community of faith.

"Give and gifts will be given to you: A good measure, packed together, shaken down, and overflowing, will be poured into your lap. For the measure with which you measure will in turn be measured out to you."

Luke 6:38

A Typical HELPING HANDS Meal:

- Main Dish: Protein such as chicken, beef, pork, or a main course meal of pasta or rice.
It's nice to prepare a little extra for leftovers for lunch or dinner the next day.
- Side dish: At least one vegetable dish, possibly two.
- Bread: French bread, rolls or cornbread
- Dessert: Not required and can be an issue if diabetics in the family. Please ask ahead of time to verify. Fresh fruit, cookies and ice cream can be a nice surprise if you are so inclined.

Always bring a smile of greeting from our faith community which you represent. The best gift for a stressed family is the ability to experience Christ's presence through our service of HELPING HANDS MINISTRY.

Other information will be addressed at a volunteer gathering to be announced when our volunteer list is acquired.

With Gratitude,
Saint Andrew Pastoral Care Advisory Group
You will receive a call from our director.



HELPING HANDS MINISTRY

I am interested in knowing more about how I can serve in Helping Hands Ministry.

Name _____

Address _____

Phone _____ Cell _____

E-Mail _____

Please return this information to Alice Curran at the Pastoral Center or e-mail acurran@standrewcc.org
